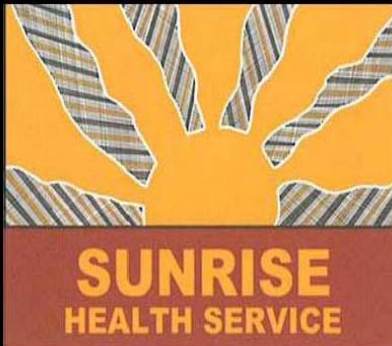


# DELEGATES INFORMATION "FAQ" KIT

"Caring bla melabat femili-caring bla melabat kantri "

SUNRISE ABORIGINAL MALE HEALTH SUMMIT 2009



## BLEKBALA FATHAWAN HELTH SUMMIT 2009

**The Katherine Region Communities for Children Initiative**  
*The Communities for Children Initiative is funded by the  
Department of Families, Housing, Community Services and Indigenous Affairs*

*The Sunrise Aboriginal Male Health Summit will seek to strengthen male's capacity to engage positively with family and community through addressing the issue of male health and the role of Indigenous males in family, community and wider society.*



**"CARING FOR OUR FAMILIES-CARING FOR OUR COUNTRY"**

**Banatjarl Camp via Katherine NT June 29-July 2 2009**

### **Male Summit leadership group:**

Shane Wing– Sunrise Male Health Program Coordinator.

Dr.Ahmed Latif- Sunrise Medical Director

### **Supported by:**

Wes Miller-CEO Jawoyn Association (Cultural and campsite support)



### **Project coordination and facilitation**

Colin Cowell-Summit project manager. Tel:0401 331 251

**Email Contact** [shane.wing@sunrise.org.au](mailto:shane.wing@sunrise.org.au)

**SUMMIT ENQUIRIES: TEL: (08) 89 719 539 FAX: (08) 89 723 738**



**INVITATION:** From Shane Wing

Sunrise Male Health Program Coordinator

**Tel:** (08) 89 719 539

On the behalf of the Sunrise Male Health team and our board of directors we welcome you to our summit information kit.

**ABORIGINAL DELEGATES:** If you are Aboriginal male from the Sunrise region we would welcome you as a delegate to the 3 day event to discuss these major issues. If you are from outside our region there are limits on visitors.

**FACILITATORS:** If you have facilitating skills and would like to assist us over the 3-4 days then we would welcome your participation Contact Colin: 0401 331 251

**VISITORS:** As stated above there will be an open day on July 2 where delegates will report on outcomes from the summit

This summit will achieve its objectives simply and effectively by

1 .All Aboriginal delegates/participants will complete 6 specialist workshops

- 1. PHYSICAL WELLBEING**
- 2. FAMILY WELLBEING**
- 3. ECONOMIC WELLBEING**
- 4. COMMUNITY WELLBEING**
- 5. EMOTIONAL WELLBEING**
- 6. CULTURAL WELLBEING**



2. Participants will be asked to identify the issues and develop solutions.

3. To make life easy the facilitators will move between the six workshop sites.

4. Outcomes from these workshops will then be consolidated and presented to visiting government agencies, parliamentarians, and the media on day 3.

**Explanation use words Male–Men--Man**

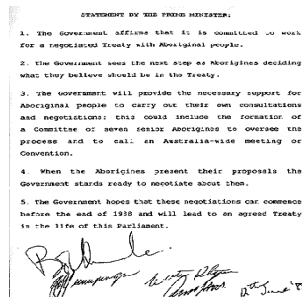
At this summit and in its subsequent reports it was agreed that the preferred descriptor was “male” rather than “men” or “man” so as to avoid confusion about “men” as initiated males.



## **Press Release: Aboriginal Male health a key to family and community success.**

More than one hundred Aboriginal males will gather at the Banatjarl camp south of Katherine at the end of June to participate in the 2009 Sunrise Aboriginal Male Health Summit.

The region is quite significant to Aboriginal males as it is close to Barunga where in 1988 a group of Aboriginal male leaders gathered to address national issues of Aboriginal culture, 200 years of colonization and politics and then present to the then Prime Minister Hawke a series of demands that is now known as the Barunga Statement.



On the twenty first anniversary of the Barunga statement the summit will primarily seek to make a statement about Aboriginal male's leadership capacity to engage positively with family and community through addressing the issue of male health and the role of Indigenous males in family, community and wider society.

The 3 day summit and workshops developed by the Sunrise Health Services and supported by the Australian Government Communities for Children Initiative - the Smith Family - Katherine Region, will bring males from all over Sunrise region to develop recommendations to government and organisations on changes and support males believe are required to allow them to reach their true potential and improve their family and community environment.

Over the first two days the delegates will be engaged in a series of six specialist facilitated workshops (physical, family, emotional, economic, community and cultural wellbeing) discussing a wide range of issues and developing solutions for each of these key issues. On the third open day these positive outcomes will be presented to visitors, Aboriginal women, the media, and Federal and Territory politicians with an apology and formal summit statement.

The summit will discuss many things including acknowledging the hurt caused by a small proportion of the male community against families, which is not a cultural practice. It will also acknowledge the great work and contributions that non-violent indigenous males make for their families.

Topics like the current NT Intervention and mandatory reporting of family and domestic violence will also be discussed

Sunrise hopes that all the males who attend the summit will come away with an increased sense of knowledge of responsibilities required of parents, services available to make changes and why changes must occur.



## **Summit Mission**

The Sunrise Aboriginal Male Health Summit will seek to strengthen male's capacity to engage positively with family and community through addressing the issue of male health and the role of Indigenous males in family, community and wider society and the importance of this role, particularly through transitions along the continuum of parenting and caring ages.



## **Goals of summit**

*The Sunrise Male Health Summit will;*

**Provide** a basis to inform future initiatives for Male Health in the Sunrise Eastern Katherine Region, contributing to the development of culturally based strategies, influencing and directing men's health service provision.

**Take a strengths based approach** through affirming male's capacity to engage positively with family and community through providing a space and leadership for men;

**To share experiences**, and work towards developing sound culture based strategies that are appropriate to the Sunrise/Katherine East Region.

**Promote the need** for males, to care for themselves as the role models for their children and the whole community.

**Acknowledge the males**, many of whom are also parents, within the participating communities/region who are already providing a safe healthy environment for family and the wider community.

**Enable Sunrise Health Service** to enhance community driven planning and promotion of male's health initiatives as they relate to men's roles as parents, uncles, grandfathers and brothers and sons as well as male members of extended family and foster carers.

**Directly benefit** young children's physical, mental and social health and development through enhanced father/parental relationships and caring.

**Acknowledge the hurt** caused by a proportion of the male community against family and community members through violence acts, which are not historical cultural practises, which is shaming many Indigenous males who are not violent;

## WHY A MALE HEALTH SUMMIT?



“Over the last 18 months we’ve seen sustained media coverage of child abuse and family violence, but we’ve rarely seen or heard how Indigenous people and communities across Australia are taking positive steps to respond to this violence, abuse and neglect.”

**Tom Calma Human Rights Commissioner.**



“Aboriginal males have been targeted as if they were the only perpetrators of child sexual abuse in communities. This is inaccurate and has resulted in unfair shaming, and consequent further disempowerment, of Aboriginal males as a whole”.

**Pat Anderson /Rex Wild “Little Children are Sacred Report**



“There has been a process of undermining the role and status of Aboriginal males within our society since the early days of Australia’s colonisation and continuing in recent commentary around the Northern Territory Intervention”.

When you add to this the rapid changes in the role of males within that colonising society and the consequent dislocation of non-Aboriginal males and their struggle to define new self-images, it is no wonder that Aboriginal males may struggle to make sense of the contemporary world’.

**Patrick Dodson former Chairman Council for Aboriginal Reconciliation**

### Current male health indicators



The health status of Indigenous Australians has shown little improvement in recent years, and remains considerably below that of non-Indigenous Australians:

- Indigenous adults are twice as likely as non-Indigenous adults to report their health as fair or poor.
- Hospitalisation rates are higher for Indigenous Australians, particularly for conditions that are potentially preventable such as diabetes and kidney disease.
- The mortality rates of Indigenous people in 2001-2005 were almost three times the rate for non-Indigenous people in Queensland, Western Australia, South Australia and the Northern Territory, the only jurisdictions for which coverage of Indigenous deaths was deemed sufficient to report.

Other findings from the report include:

- Indigenous people were half as likely to complete Year 12 as non-Indigenous people.
- Indigenous adults were more than twice as likely as non-Indigenous adults to smoke regularly.
- More than half of Indigenous people were overweight or obese.
- Indigenous people face barriers in accessing health services, in particular primary health care.

**Aborigines and Torres Strait Islanders Health Report By Professor Ian Anderson, director of Melbourne University's Centre for Health and Society, April 2008**

# WORKSHOPS-Engagement to positive outcomes

 <b>SUNRISE ABORIGINAL MALE HEALTH SUMMIT</b>			
<b>FULL PROGRAM AND ACTIVITIES</b>			
Arrive Jun-29 Arrival Day Males	<b>DAY 1</b> June 30 Tuesday	<b>DAY 2</b> Jul-01 Wednesday	<b>DAY 3</b> Jul-02 Thursday
	Males Only Workshops	Males Only Workshops	Open day Visitors
	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Site Set up	Session 1 Morning tea Session 2	Session 4 Morning tea Session 5	<b>Welcome visitors</b> Present Reports THE NEXT STEPS
	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Facilitators Workshop Training	Session 3 Afternoon Tea Day Wrap up	Session 6 Afternoon Tea Create report for next day	<b>Delegates Leave</b> Press Conference
	<b>Dinner</b>	<b>Dinner</b>	
Bar B Que  Welcome to C Entertainment	Entertainment	Farewell dinner  Entertainment	

### Please note

JUNE 29 Delegates arrive late afternoon for welcome dinner  
 JUNE 30 Day 1 Workshops MALE DELEGATES ONLY  
 JULY 1 Day 2 Workshops MALE DELEGATES ONLY  
 JULY 2 Day 3 Open forum for visitors and media

## REGISTRATIONS FOR DELGATES AND DAY 3 VISITORS

Attached please find a registration form where you can register

1. Aboriginal Male delegates for the 3 day summit.
  2. All other visitors will be only visiting the summit on Day 3.
- If you have any problems completing registration call Shane Wing  
 Telephone: (08) 89 719 539 or Colin Cowell mobile 0401 331 251

# SUMMIT WORKSHOPS OF ISSUES

How this summit will achieve its objectives simply and effectively:

1. All delegates/participants will complete 6 specialist workshops
2. Participants will be asked to identify the issues and develop solutions.
3. To make life easy the facilitators will move between the six workshop sites.
4. Outcomes from these workshops will then be consolidated and presented to visiting government agencies, parliamentarians, and the media on day 3.

1. PHYSICAL WELLBEING	2. FAMILY WELLBEING	3. ECONOMIC WELLBEING
Food/Nutrition/diet	Caring for our family	Education
Physical activity	Caring for our kids	Money/income
Chronic disease	Being a father/parent	Training & skills
Sexual health	Domestic violence	CDEP/job networks
Taking medicine	Child /sexual abuse	Unemployment
Health checks	<b>Supporting our Kids</b>	
<b>Support networks</b>	<b>Support networks</b>	<b>Support networks</b>

4. COMMUNITY WELLBEING	5. EMOTIONAL WELLBEING	6. CULTURAL WELLBEING
Aspirations/planning	Drugs & other abuse	Our culture
Housing & infrastructure	Grog/Alcohol	Our country
Health Centres	Violence Stress anger	Our law
NT Intervention	Gambling	Leadership
Whitefella law/ prison	Pornography	Social justice Equity

**Support networks**

## Previous Male Health summits in the NT

*Following on from previous Northern Territory Male Health Summits Alice Springs (1999), Tennant Creek (2004) and Ross River (2008 ) many of the issues and outcomes from those summits will be revisited and the following statement will be considered by the delegates as part of this years summits discussions and outcomes*

### Consider endorsement of the -Inteyerrkwe Statement –apology

*We the Aboriginal males from Sunrise regional communities and our visitor brothers from around Australia support and endorse the following national statement made at Congress Male Health Summit 2008 at Inteyerrkwe (Ross River Via Alice Springs ) in July 2008*

*That Aboriginal males gather to develop strategies to ensure our future roles as husbands, grandfathers, fathers, uncles, nephews, brothers, grandsons, and sons in caring for our children in a safe family environment that will lead to a happier, longer life that reflects opportunities experienced by the wider community.*

*We acknowledge and say sorry for the hurt, pain and suffering caused by Aboriginal males to our wives, to our children, to our mothers, to our grandmothers, to our granddaughters, to our aunties, to our nieces and to our sisters.*

*We also acknowledge that we need the love and support of our Aboriginal women to help us move forward."*



Over 400 delegates at Ross River 2008

# THE SUNRISE HEALTH SERVICE -BRIEF HISTORY



Sunrise member communities attending this summit include



[Sunrise Health Service Aboriginal Corporation](#) (SHSAC) is a primary health care service which assists both Indigenous and non-Indigenous people in the Jawoyn and Roper River regions of the Northern Territory in Australia. SHSAC plays a significant role in managing many of the health care clinics in both regions. Direction is taken from the SHSAC Board who are made up of representatives from all SHSAC communities.

Member communities include Badawarrka, Barunga, Bulman, Eva Valley, Jilkminggan, Mataranka, Kewulyi, Minyerri, Ngukkur, Urapunga, Weemoll, Werebun, Wubalawun and Wugularr.

In 1999, the local Jawoyn Association established SHSAC and involved The Foundation in discussions regarding the need to develop interconnected and practical programs, which tackled the underlying causes of ill health within Indigenous communities.

"We realised great potential for developing Sunrise and getting an holistic approach to health. We're not just looking at the immediate care of illness but the broader sustainable and preventative programs," says Irene Fisher, Chief Executive Officer of SHSAC.

SHSAC became a full fledged service in mid 2005 and the organisation has grown to employ more than 100 staff - of whom 40% are Indigenous. Funding continues to be provided by the Australian Commonwealth and State/Territory Governments. In September 2005, SHSAC was 'Highly Commended' in the inaugural [Indigenous Governance Awards](#), which were established through a partnership between Reconciliation Australia and BHP Billiton.

For further details [www.sunrise.org.au](http://www.sunrise.org.au)

## **Sunrise Male Health program managed by Shane Wing**

The Male Health program provides culturally appropriate initiatives and services which promote the health and well-being of the community males within the Sunrise Health Service region.

The program provides a wide range of health promotion information and educational resources to assist community leaders in formulating visions for improving their health through decision making processes.

Additionally, the program strives to achieve better health outcomes for all males by combining both traditional techniques and European practices.

# **GUIDELINES TYPES OF REGISTRATIONS:**

## **FAQ-Frequently asked questions**

### **1.ABORIGINAL MALE DELEGATES: FROM SUNRISE COMMUNITIES**

- There is no cost at all to actually attend this summit.
- We provide all food from lunchtime June 29 to lunchtime July 2 2008.
- You must bring your own swag.
- Transport can be arranged and supported from Katherine or your community.
- Delegates must attend all sessions.
- Once on site you cannot leave the site
- Males must be over 16
- No women and children on site until open day July 2.

### **2.ABORIGINAL MALE DELEGATES: FROM OTHER REGIONS, TOP-END, DARWIN, INTERSTATE**

- There is no cost at all to actually attend this summit.
- Visitors from outside the region must pay their own airfares or transport etc.
- We provide all food from lunchtime June 29 to lunchtime July 2 2008.
- You must bring your own swag.
- Transport can be arranged from Katherine or the Darwin airport to the site.
- Delegates must attend all sessions.

### **3.FACILITATORS –PRESENTERS-SUPPORT STAFF**

- We have limited vacancies for specialist facilitators from around Australia who can volunteer their services.
- Facilitators must submit their CV for consideration of the steering committee
- The summit will provide all airfares accommodation and food.
- Transport will be arranged from Darwin or Katherine to the site.

### **4.VISITORS FOR OPEN DAY-JULY 2**

- Any visitor interested in Aboriginal male health is welcome to visit the site on the final day to hear the outcomes.
- If you need transport out and back a bus will be available from Sunrise Katherine-Office Bookings Essential
- We will provide morning tea and lunch
- Media must register with the public relations coordinator Tel 0401 331 251

## The SUMMIT campsite...Banatjarl (King River )

The SUMMIT will be situated 60 kilometres south of Katherine at a permanent camp established next the King River. The site has a fully grassed powered camping spot and there is a large toilet block with lots of showers and toilets.

Through out the site, there is lots of shade....so you can stay cool in the day  
And at night lots of fire buckets so you can stay warm.



### How to get there

From Katherine travel south 40 km on highway and look out for our signs

Then its 20 km on dirt through 3 gates

### Accommodation – swags or tents ?

You will need to bring your own swag and/or tent .Any problems talk to us.

### Meals – all meals provided free

From Monday evening through to Thursday lunch time, the male Sunrise Health team will be providing beautiful healthy nutritious meals, including Breakfast, Morning and Afternoon teas, Lunches and dinners. All the other times we will have operating a café, where you can grab a coffee , tea or cool drink or snack. The nearest shop is 80 kms. away, so we suggest you bring what you need.

### Communications at the camp.

We are making arrangements with Telstra to have an emergency phone at the site for incoming and outgoing summit calls

### Special needs

Please advise the organisers or if you have any other special needs.  
Medical, meals, handicap access, language

### The MALE SUMMIT WELCOME/FAREWELL DINNER

There will be a special welcome dinner on Monday and a farewell dinner on Thursday with excellent entertainment.

### How to register

Complete the attached registration form and get it back to us as soon as possible

If you have any queries contact Shane Wing Tel.(08) 89 719 539  
or Colin Cowell ;Tel 0401 331 251



# MALE HEALTH SUMMIT REGISTRATION

FAX BACK TO : (08) 89 723 738

*YES: I/WE WILL BE ATTENDING THE MALE HEALTH SUMMIT*

TYPE OF REGISTRATION	
1.DELEGATE:	MON/TUES/WED/THURS.
2.FACILITATOR/Support	MON/TUES/WED/THURS.
3.VISITOR:	THURS.

MAIN CONTACT	
ORGANISATION	
POSITION	
MAIN CONTACT	
TEL	
FAX	
EMAIL	

	NAMES OF DELEGATES IN YOUR GROUP	Age	SPECIAL NEEDS
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			

Special needs;1.Vegetarian 2.Handicapped 3.Translator needed (language)