

# BE SMART ABOUT CORONAVIRUS



## URGENT

### Knowing early and acting quick.

- Get tested if you have symptoms -Dry cough, fever, headache or loss of smell.
- Or if you recently returned from the major town or if your know someone who is sick



## IMPORTANT

### Keep Admissions to Hospital Low.

- Get your family vaccinated and return to Clinic for your booster vaccine
- Wear a mask when you leave your home
- Ring your local clinic if worried about your health



## BE CAREFUL

### Keep Transmission in community low.

- Wear a mask
- Wash your hands and face often
- Get vaccinated
- Reduce visits between community and town
- Isolate if worried you have symptoms and ring your local Sunrise Health Clinic if worried

**STRONGER  
TOGETHER**

## BE AWARE

### Get healthy habits

- Think about the risk of bringing COVID into your home
- Wear a mask and use handsanitiser
- Get double vaccinated
- Get your COVID booster
- Be informed about the facts on COVID by organisations that have offices in your community
- If you have worries, speak with your local Sunrise Health Clinic